



## Safe Sailing – Silver Level

This 2 – 3 day course expands on the training developed in the Bronze Level and focuses on the knowledge required to sail a boat independently. The course covers rigging, launching, and the skills needed to allow the successful candidate to be able to sail confidently in all directions in most wind conditions.

Upon completion this course, the successful participant will have demonstrated a capsize and recovery drill, learned essential safety knowledge, and be capable of sailing without an instructor on board in moderate (medium +/-) winds.

The successful participant will be able to complete the following skills, demonstrating that they are ready to proceed to the next courses, Independent Sailing - Gold Level.

Different from the Bronze Level, which has participants performing the following in light air, successful completion of this Level will have the student performing the following in a moderate breeze:

- a. Prepare a boat for sailing, including a safety inspection.
- b. Get underway from a dock, mooring, or beach.
- c. Properly set sails for a round-trip course, approved by your Instructor, which will include running, beating, and reaching—the basic points of sail. While sailing, you will also demonstrate good helmsmanship skills.
- d. Change direction by tacking; change direction by gybing.
- e. Demonstrate getting out of irons.
- f. Demonstrate the safety position.
- g. Demonstrate capsize and recovery procedures.
- i. Upon returning to the dock, mooring, or beach, properly secure all equipment, stow sails, and prepare the craft for the trailer.

